

MELISSA SHEQ MANAGER

LONGWORTH BUILDING SERVICES, ST HELENS

At leading building envelope contractor Longworth, Melissa operates as SHEQ (Safety, Health, Environment and Quality) Manager. Her role involves looking at and advising on policy, procedures and new initiatives for SHEQ on all Longworth sites and throughout the business, doing essential work on risk management, and health and safety. Her involvement in tasks from training to strategic planning means her work is varied, and takes someone who is willing to be challenged.



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I didn't enjoy college so went on to do an administration apprenticeship within construction. After working in an admin support role and building some skills there, I got some qualifications in health and safety, and gained experience in housebuilding. I then moved into a role more involved in roofing and cladding for a contractor. I've now been at Longworth for almost four years.

My area of work means I deal with a lot of different people and organisations. For me the best thing in my work is that lightbulb moment for the people I work with, when I talk to them and work with them and then see that they're switched on, engaged, they understand the importance of what we're doing. Their confidence grows and you see someone is willing to step forward and help change the industry bit by bit.

This industry requires dedication. Construction means working in sun and snow, lots of challenges, and it varies every day. But that means that there's always something interesting going on.

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